



Panchakarma Ayurveda

Healthy Healing for Better Life

Jan 2026

4

Sun

Pushya Nakshatra

Begins: 03:11 PM, Jan 04

Ends: 01:25 PM, Jan 05



Feb 2026

1

Sun

Pushya Nakshatra

Begins: 01:34 AM, Feb 01

Ends: 11:58 PM, Feb 01



Feb 2026

28

Sat

Pushya Nakshatra

Begins: 09:35 AM, Feb 28

Ends: 08:34 AM, Mar 01



Mar 2026

27

Fri

Pushya Nakshatra

Begins: 03:24 PM, Mar 27

Ends: 02:50 PM, Mar 28



Apr 2026

23

Thu

Pushya Nakshatra

Begins: 08:57 PM, Apr 23

Ends: 08:14 PM, Apr 24



May 2026

21

Thu

Pushya Nakshatra

Begins: 04:12 AM, May 21

Ends: 02:49 AM, May 22



Jun 2026

17

Wed

Pushya Nakshatra

Begins: 01:37 PM, Jun 17

Ends: 11:32 AM, Jun 18



Jul 2026

15

Wed

Pushya Nakshatra

Begins: 12:09 AM, Jul 15

Ends: 09:46 PM, Jul 15



Aug 2026

11

Tue

Pushya Nakshatra

Begins: 10:09 AM, Aug 11

Ends: 07:59 AM, Aug 12



Sep 2026

7

Mon

Pushya Nakshatra

Begins: 06:14 PM, Sep 07

Ends: 04:39 PM, Sep 08



Oct 2026

5

Mon

Pushya Nakshatra

Begins: 12:13 AM, Oct 05

Ends: 11:09 PM, Oct 05



Nov 2026

1

Sun

Pushya Nakshatra

Begins: 05:39 AM, Nov 01

Ends: 04:30 AM, Nov 02



Nov 2026

28

Sat

Pushya Nakshatra

Begins: 12:50 PM, Nov 28

Ends: 10:59 AM, Nov 29



Dec 2026

25

Fri

Pushya Nakshatra

Begins: 10:50 PM, Dec 25

Ends: 08:12 PM, Dec 26



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